



## SNS School Menu: Week 3

Monday	Tuesday	Wednesday	Thursday	Friday
Vegetable Korma and Brown Rice Whole Meal Pasta W/ Pesto and Mixed Beans (H)	Caribbean Sweet and Sour Chicken Chick Pea, Pumpkin and Sweet Potato Curry (H) Chicken Skewers	Turkish Lamb Stew Grilled Vegetables and Lentil Bake (H) Chicken Wraps	Beef and Onion Pie Shepherds Pie (H) Chicken Skewers	Chicken Sausages and Onion (H) Vegetable Pasties Chicken Wraps
Naan Bread Mixed Salad Brown rice	Sweet Corn Carrots Mixed Rice	Seasonal Cabbage Cauliflower Cous Cous	Fresh Mixed Vegetables Parsley Potatoes	Peas Beans Jacket Wedges
Cheesy Jacket Potato W/Beans and Tuna	Cheesy Jacket Potato W/Beans and Tuna	Cheesy Jacket Potato W/Beans and Tuna	Cheesy Jacket Potato W/Beans and Tuna	Cheesy Jacket Potato W/Beans and Tuna
Selection of Bagels Rolls and Sandwiches	Selection of Bagels Rolls and Sandwiches	Selection of Bagels Rolls and Sandwiches	Selection of Bagels Rolls and Sandwiches	Selection of Bagels Rolls and Sandwiches
Fruit pots Fresh Fruit Yoghurts (H)	Fruit pots Fresh Fruit Yoghurts (H)	Fruit pots Fresh Fruit Yoghurts (H)	Fruit pots Fresh Fruit Yoghurts (H)	Fruit pots Fresh Fruit Yoghurts (H)
	Plum+Orange Ginger sponge With Custard		Whole Meal Carrot Cake With Custard	

H=Healthy Choice

Salad Bar Also Available