

Weekly Menu



Week 3

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Creamy Vegetable Pasta Vegetable Pastries Chilli bean casserole	Chicken Provencal Caribbean Vegetable curry + rice	Roast beef Cauliflower + Leek Mornay	Sweet + Sour Chicken Cheese + potato Puffs	Poultry sausages (chicken) Spring Rolls
Jacket potato Cheese/Beans	Jacket potato Cheese/Beans	Chicken Skewers Jacket potato Cheese/Beans	Jacket potato Cheese/Beans	Chicken wraps Jacket potato Cheese/Beans
New Potatoes Mixed Salad	Boiled rice Sweetcorn + Peppers	Roast Potatoes Carrots Seasoned cabbage	Noodles Fresh Mixed Vegetables	Mashed Potatoes Beans Peas
Mixed Rolls Bagels	Eves pudding/ custard	Mixed Rolls Bagels	Carrot Cake/custard	
Fruit Pots Yoghurts Fresh Fruit	Mixed Rolls Bagels	Fruit Pots Yoghurts Fresh Fruits	Mixed Rolls Bagels	Mixed Rolls Bagels
	Fruit Pots Yoghurts Fresh Fruit		Fruit Pots Yoghurts Fresh Fruit	Fruit Pots Yoghurts Fresh Fruit