# OLIVE @

# WINTER MENU

## WEEK 1

**MEAL DEAL**

WHATS IN SEASON...

| | MON | TUES | WED | THURS | FRI |
|---|---|---|---|---|---|
| MAIN | Caribbean Butternut & Coconut Stew with Rice & Peas (CE) V | Spaghetti Bolognaise & Garlic Bread (G, MK) | Garlic & Thyme Roast Chicken, with Roast Gravy (CE) | Sausage & Mash with Onion Gravy (G, MK, SO, SU) | Fish & Chips with Fresh Minted Mushy Peas & Homemade Tartare Sauce (E, F, G) |
| VEGGIE | Roasted Vegetable Burrito, Black Beans, Guacamole & Salsa (CE, G) V | Vegetable & Bean Champ Potato Cottage Pie (CE) V | Vegetable Sausage Toad in the Hole, Gravy (G, MK, E) | Spanakopita Spinach & Feta Pie (MK) | Vegetable Hot Dog with Dips (CE, G) |
| COOK STATION | Three Cheese Macaroni with Herby Crust (G, MK, MU) THE AMERICAS 70 | Chicken Penne Pomodoro (G) FRANCO MANCA | Vegetable Manchurian Stir Fry Noodles (G, E, SO) UMTUMI | Spinach & Sweet Potato Tagine served with Turmeric Rice (CE, G) Mezé | Chefs Choice |
| PUD | Oatey Apple Crumble & Custard (G, MK) | Spiced Marmalade Cake with Vanilla Sauce (E, G, MK) | Sticky Toffee Pudding with Butterscotch Sauce (E, G, MK) | Chocolate & Orange Cake with Chocolate Sauce (E, G, MK) | Dorset Apple Cake served with custard (E, G, MK) |

**COLD SELECTION:** BAGUETTES • SANDWICHES • SALAD BOXES • FRESH FRUIT • YOGURT POTS

**ALLERGENS KEY**

**CE** - CELERY
**CR** - CRUSTACEAN
**E** - EGGS
**F** - FISH
**G** - CEREALS CONTAINING GLUTEN
**L** - LUPIN
**MK** - MILK
**MO** - MOLLUSCS
**MU** - MUSTARD
**N** - NUTS
**P** - PEANUTS
**SE** - SESAME SEEDS
**SO** - SOYA
**SU** - SULPHUR DIOXIDE

RSPCA ASSURED · FAIRTRADE · ASSURED FOOD STANDARDS · SOIL ASSOCIATION ORGANIC · MSC

Go Vegan V

Olive dining

TB Theatre Bar