

OLIVE @STOKE NEWINGTON

AUTUMN MENU

WEEK 1

MEAL DEAL

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APPLES
SEPTEMBER



ROCKET
OCTOBER



BUTTERNUT SQUASH
NOVEMBER



BRUSSEL SPROUTS
DECEMBER

WHATS IN SEASON...

MON

TUES

WED

THURS

FRI

MAIN

Tomato & Basil
Pasta
(G, CE, MK)

Sausage & Mash
with Onion Gravy
(CE, G, MK, SU, SO)

Roast Turkey,
Stuffing, Cranberry
Sauce & Roast Gravy
(G)

Beef Chilli Con
Carne with Rice &
Sour Cream
(CE, G, MK)

"Catch of the Day" with
Fresh Minted Mushy Peas
& Homemade Tartare
Sauce (E, F, G, SU)

VEGGIE

Chickpea
Ratatouille with
Garlic Green Beans

Beetroot & Red
Onion Tart with Side
Salad
(G, SU)

Sweet Potato &
Mixed Bean
Wellington
(CE, E, G, MK)

Vegetable & Bean
Jambalaya
(CE, MU) 

Katsu Spiced Bean
Burger
(G, E, MK, SO)

COOK
STATION

Classic Quorn Hot
Dog with Slaw &
Wedges (MK, E, G, SO)



Honey Harissa Chicken
with Courgette Tzatziki
& Turmeric Rice
(MK, SU) 

Kung Pao Fish with
Sticky Rice
(CE, F, G, MU, SO)



Turkish Chicken Kebabs
with Tomato Wheat Pilaf
(G, MK)



"Chefs Choice"

PUD

Toffee Pear Crumble
with Cream
(G, MK)

Carrot & Sultana
Cake with Custard
(E, G, MK)

American Pancake
with Berry Compote
(E, G, MK)

Lemon
Cheesecake
(E, G, MK, SO)

Chocolate & Banana
Sponge with
Chocolate Sauce
(E, G, MK)

COLD SELECTION: BAGUETTES • SANDWICHES • SALAD BOXES • FRESH FRUIT • YOGURT POTS

ALLERGENS
KEY

CE - CELERY
CR - CRUSTACEAN
E - EGGS

F - FISH
G - CEREALS CONTAINING GLUTEN
L - LUPIN

MK - MILK
MO - MOLLUSCS
MU - MUSTARD

N - NUTS
P - PEANUTS
SE - SESAME SEEDS

SO - SOYA
SU - SULPHUR DIOXIDE



Go
Vegan

V

Olive
dining

TB

Theatre
Bar