

YEAR 9		Description	Levels covered	Skills & content covered	Skills & content revisited
PE					
AUTUMN 1	Performing at maximal levels in Athletics	Pupils will perform many disciplines of athletics in competitive situations. Students will be able to explain and demonstrate correct techniques for these disciplines	L4-8	Students will learn to perform at maximal levels through athletics and will specifically look at sprint starts/finnish; relay; long/middle distance; triple jump; hurdles; high jump	Sprinting technique 7/8, jumping long and high 7/8, long distance running 7
AUTUMN 2	Outwitting Opponents in Football	Students will learn about the skills, rules and tactics of football. Students will learn how to outwit opponents through attacking and defensive strategies. They will also develop their football skills, including; dribbling, passing, heading, shooting, set pieces and ball control.	L4-8	For example. Students will learn to outwit opponents through football and will plan and implement own football specific dynamic warm ups. Show advanced technique with both feet in competitive situations. Have knowledge of a range of attacking and defensive strategies which they are able to apply to games. Have a good knowledge of different styles of play and be able to implement them in a game.	Passing and shooting skills, dribbling, attacking and defending
SPRING 1	Accurate Replication in gymnastics	Pupils will take part in gymnastic, dance or trampolining activities in order to develop their ability to replicate accurately the skills relevant to that particular activity	L4-8	For example, students will learn to accurately replicate gymnastic skills to creatively compose a sequence of movements. Students should devise sequences which challenge their own, and others ability. Students can work in pairs and groups to enhance stimulus and challenge. Students should analyse their own, and others work using specific terminology.	Skills such as balancing, vaulting, jumping and travelling will be developed.
SPRING 2	Outwitting Opponents in Basketball	Students will learn about the skills, rules and tactics of basketball. Students will learn how to outwit opponents through attacking and defensive strategies. They will also develop their basketball skills, including; passing, dribbling, lay-ups and shooting.	L4-8	Pupils will begin to apply advanced skills to games. They will develop and apply attacking and defensive strategies to games. Students will evaluate their own and others' work. Will apply components of fitness to basketball. Will learn why people begin to participate in sport.	Students will build upon the skills learnt in year 8 but develop further their methods of scoring and attacking as well as defensive strategy
SUMMER 1	Outwitting Opponents in Table Tennis	Pupils will focus on replicating and developing techniques as well as implementing and refining strategic play to outwit opponents. Pupils will be able to demonstrate the essential elements of attack and defence. In net games, it is the player aim to get the ball to land in the target area so that the opponent cannot return it. Pupil should be able to accurately score and officiate table tennis games.	L4-8	Pupils to use a range of shots with accuracy, control & consistency to outwit opponents. Pupils will identify different areas of the table and be able to place the ball to opposition's weaknesses. Pupils should evaluate their own and others performances with the aid of video analysis. Refinement of the fundamental table tennis skills will contribute to producing an improved performance and outwit opposition more frequently.	Having not previously covered this net/court game students will need to develop their ball striking skills and shot selection. It does link to other sports they may have played elsewhere and in some regards striking and fielding games.
SUMMER 2	Outwitting Opponents in Cricket	Students will focus on enhancing their existing knowledge and skills of cricket (or another striking and fielding game). This will largely be done through games and small group tasks. Students should be able to officiate their own games of cricket and comment on the work of others.	L4-8	Students play the games demonstrating control, accuracy and sound technique in their bowling, batting and fielding; think about where they place the ball when batting and bowling showing creativity in outwitting opponents; field effectively to put the batter under pressure; selecting tactics and team strategies which suit the situation; devise simple fitness and preparation routines that relate to the specific fitness needs of different roles in the game.	During year 8 pupils should have built up a repertoire of skills that enable them to play a simple game and begin to develop the knowledge necessary to umpire a game