YEAR 10		Description	Levels covered	Skills & content covered	Skills & content revisited
LIFE SKILLS					
AUTUMN 1	Careers: CV writing	Students plan and write a draft of a CV to give to WEX placement and in preparation for working life.	N/A	Students use examples and research examples of of CVs in order to type up their own. ICT skills, research skills, literacy.	Year 10, Spr2 and Sum2; Y10 WEX reflection and post-16 (workplace issues).
AUTUMN 2	SRE	Students learn about gender roles and pressure on genders, particularly in regards to the media and language surrounding sex. Importance of communication in relationships.	N/A	Gender roles and stereotypes and challenging gender stereotyping. Communication, discussion and debate.	Re-vsisited in Year 11 SRE.
SPRING 1	Rights and responsibilities	Students explore the nature of rights and responsibilities including human rights and children's rights.	N/A	Students will secure their understanding of why human rights evolved, conflicting rights and how rights relate to responsibilities. Teamwork, critical enquiry, negotiation.	Re-visited in 10.4 during WEX prep; rights and resps at WEX.
SPRING 2	Careers: WEX prep	Students prepare for work experience and reflect on their learning and experience.	N/A	Post-16 choices. Discussion, critical thinking, informed decision-making, discussion and communication.	Introduced before WEX and re-visited and reflected on after WEX. Revisited in 10.6
SUMMER 1	Personal Health	Students are introduced to cancer through smoking and sun exposure. They explore laws surrounding tattoos too.	N/A	Legislation, personal health and where to get help. Informed decision-making, discussion, critical enquiry.	Re-visit drug-taking in 11.2
SUMMER 2	Post 16 Options	Workplace rights and responsibilities, managing budgets and an introduction to post-16 options.	N/A	Legislation and protection at work. How to save and options after school. Informed decision-making, research skills, numeracy.	Re-visisted in 11.1. - Students explore post-16 options in more detail.