

Curriculum Map				
Year 9 GCSE PE				
Half term	Theory content summary	Practical skills & content covered	Skills & content revisited	Summative assessment schedule, including assessment criteria
Autumn 1	Components of Fitness      Fitness testing/Types of training	Fitness Testing Handball Football	Regular retrieval practice of theory content covered	Topic test of theory content covered
Autumn 2	Skeletal and Muscular Systems	Table Tennis Trampolining	Regular retrieval practice of theory content covered	Topic test of theory content covered
Spring 1	Principles of Training Optimising Training	Badminton Handball	Regular retrieval practice of theory content covered Handball skills	Topic test of theory content covered
Spring 2	Components of warm up and cool down Skill acquisition & Goal setting	Table Tennis Trampolining	Regular retrieval practice of theory content covered Table Tennis and Trampolining skills	Topic test of theory content covered
Summer 1	Revision of content covered Writing AEP	Assessment in practical performance	Application of theory content covered in coursework Skills developed in practical lessons	Topic test of theory content covered
Summer 2	Revision of content covered Writing AEP	Fitness Testing	Application of theory content covered in coursework	Sections 1-3 of AEP

Curriculum Map				
Year 10 GCSE PE				
Half term	Theory content summary	Practical skills & content covered	Skills & content revisited	Summative assessment schedule, including assessment criteria
Autumn 1	Coursework completed - Analysing and Evaluating performance	Fitness Testing Handball Football	Content relevant to AEP completion	Topic test of theory content covered
Autumn 2	Coursework completed - Analysing and Evaluating performance	Table Tennis Trampolining	Content relevant to AEP completion	Topic test of theory content covered
Spring 1	Cardiovascular and Respiratory Systems	Badminton Handball	Regular retrieval practice of theory content covered	Topic test of theory content covered
Spring 2	Information processing, Arousal, Aggression and personality types	Table Tennis Trampolining	Regular retrieval practice of theory content covered	Topic test of theory content covered
Summer 1	Trends and Participation in sport and physical activity	Assessment in practical performance	Regular retrieval practice of theory content covered	Topic test of theory content covered
Summer 2	Influence of commercialisation, media and sponsorship on sport and physical activity	Assessment in practical performance	Regular retrieval practice of theory content covered	End of Year Mock Exam

Curriculum Map				
Year 11 GCSE PE				
Half term	Unit summary	Practical skills & content covered	Skills & content revisited	Summative assessment schedule, including assessment criteria
Autumn 1	Ethics in sport Drugs in Sport	Preparation for assessment in team sports	Completion of AEP	Once per fortnight - low stakes knowledge tests to check learning and provide opportunities to review core knowledge  Twice per term - pupils sit written practice exam question based assessment  Twice in year 11 and 13 - pupils sit written mock examinations using full exam papers  Formal practical assessments – For each sport pupils are assessed against exam board criteria (core and advanced skills). Ongoing assessment in sports, particularly for application of skills in a competitive situation, and two scheduled practice moderation days
Autumn 2	CV and Respiratory system Biomechanics	Preparation for assessment in individual sports	Completion of AEP	
Spring 1	Health, fitness and well being, Mental preparation	Preparation for assessment in team sports	Application of knowledge to exam questions	
Spring 2	Revision of Paper 1 and 2 content	Preparation for assessment in summer sports	Application of knowledge to exam questions	
Summer 1	Exam preparation and Revision	Moderation of practical performances	Application of knowledge to exam questions	
Summer 2				